

**DELTA RIVER LEAGUE
2009 CROSS COUNTRY SCHEDULE**

<u>DATE</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
Wed., October 7	Delta River League Meet	Granite Regional Park (Jesuit)	4:00
Sat., October 31	League Championships	Willow Hills (Folsom)	9:00 a.m.
Sub-Sections	Sat. Nov. 7	Angels Camp	TBA
Sections	Sat. Nov. 14	Willow Hills (Folsom)	TBA
State Meet	Sat. Nov. 28	Woodward Park (Fresno)	TBA
Dead Period:	July 25-August 16		
First Day of Practice:	August 17		
First Scrimmage:	August 22		
First Contest:	August 27		
Delta River League Rep:	Dave Gregson, Folsom		
Athletic Director Rep:	George Smith, Florin		