

**DELTA RIVER LEAGUE  
2009 VARSITY, F/S SWIM/DIVE SCHEDULE**

**WEDNESDAY, MARCH 11**

Jesuit/St. Francis @ Folsom  
 Monterey Trail @ Florin (CRC)  
 Pleasant Grove @ Sheldon (Cal Fit)

**WEDNESDAY, MARCH 18**

Florin @ Jesuit/St. Francis  
 Sheldon @ Monterey Trail (CRC)  
 Pleasant Grove @ Folsom

**WEDNESDAY, MARCH 25**

Pleasant Grove @ Jesuit/St. Francis  
 Monterey Trail @ Folsom  
 Florin @ Sheldon (Cal Fit)

**WEDNESDAY, APRIL 1**

Monterey Trail @ Pleasant Grove (Cal Fit)  
 Sheldon @ Jesuit/St. Francis  
 Florin @ Folsom

**WEDNESDAY, APRIL 22**

Monterey Trail @ Jesuit/St. Francis  
 Pleasant Grove @ Florin (CRC)  
 Sheldon @ Folsom

**Dead Period:** January 20 - February 9  
**Practice Begins:** February 10  
**First Scrimmage:** February 16  
**First Game:** February 20  
**Meet Time:** 4:00 p.m.

**League Diving Trials:** April 30 @ Vista Del Lago  
**League Swimming Trials:** May 1 @ Jesuit  
**League Swimming Finals:** May 2 @ Jesuit

**Girls Section Diving Trials:** May 7 @ Oakmont  
**Boys Section Diving Trials:** May 8 @ Oakmont  
**Section Diving Finals:** May 9 @ Johansen

**Girls Section Swim Trials:** May 14 @ Tokay  
**Boys Section Swim Trials:** May 15 @ Tokay  
**Section Swimming Finals:** May 16 @ Tokay

**Delta River League Rep:** Ryan Meyers, Pleasant Grove

**Athletic Director Rep:** Phil Nuxoll, Jesuit