

TABLE OF CONTENTS

			PAGE
Article	I	Name and Purpose	1
Article	II	Membership	1
Article	III	Representation	1
Article	IV	Meetings	2
Article	V	Officers	2
Article	VI	Dues	3
Article	VII	Ratification	3
Section	1.0	By-Laws	4
Section	1.3	Job Description – Commissioner	5
Section	2.0	Sport Rules	6
Section	3.0	Admission Information	9
Section	4.0	Baseball	10
Section	5.0	Basketball (Women’s/Men’s)	12
Section	6.0	Cross Country (Women’s/Men’s)	14
Section	7.0	Football	16
Section	8.0	Golf (Women’s/Men’s)	18
Section	9.0	Soccer (Women’s/Men’s)	20
Section	10.0	Softball	22
Section	11.0	Swimming (Women’s/Men’s)	24
Section	12.0	Tennis (Women’s/Men’s)	26
Section	13.0	Track and Field (Women’s/Men’s)	28
Section	14.0	Volleyball (Women’s/Men’s)	29
Section	15.0	Wrestling	31
		Appendix A	33
		Appendix B Sportsmanship Policy	36
		Appendix C Schedule for Hosting	37
		Appendix D Start Dates for 2006- 2007	38