

## **SWIMMING AND DIVING**

### **11.00 GOVERNING RULES**

The Delta River League accepts the rules set forth governing swimming by the Sac-Joaquin Section and the C.I.F.

### **11.01 CONTACTS**

Not applicable

### **11.02 START DATE**

Starting/Ending date will be designated by the CIF/Sac-Joaquin Section.

### **11.03 START TIME**

Duel meets begin @ 4:00 p.m.

### **11.04 PLAYER CLASSIFICATION**

Varsity: Prior to league play an athlete may move up or down in classification. During league competition an athlete may also move up or down in classification for the league center meets and the league championship meet.

Frosh/soph: Any athlete who has not already completed four semesters after leaving the eighth grade and has not reached his/her seventeenth birthday before September 1 of the school year of competition.

### **11.05 RULES OF THE SPORT**

- A. The host team is responsible for reporting the final results to the Sacramento Bee.
- B. After the section designated start date, no high school student will be able to swim in competition other than a high school sponsored meet. For outside competition refer to Sac-Joaquin Section By-law Articles 600 - 610.
- C. Official program, order of events and rules regarding swimming and diving will be conducted as per section rules.
- D. Conduct of League Championship Meet:
  1. The league champion is to be determined by the league dual meet record and league championship meet. One point received for every dual meet win and one point for each team you finish ahead of in the league meet. Total number of points determines the league champion. In case of a tie, the team that finishes the highest in the Delta River League Championship Meet will be declared the winner.
  2. Site Selection: The athletic directors of the Delta River League will annually select the site for the League Championship Meet.
  3. Meet Director: The Athletic Director or swimming coach of the host school shall be responsible for conducting the business details according to the adopted administrative policies and procedures.
  4. Entry and Scratch Deadlines: The host school is to print and send out entry information at least two weeks in advance of the meet.
  5. Entry cards shall be in the hands of the Meet Director no later than noon of the Sunday preceding the meet. Divers shall submit a signed copy of their entire diving program by the Scratch Deadline.
  6. No additions, withdrawals, or substitutions may be made after noon on the Sunday preceding the meet. No deviations from this rule will be permitted.

7. A scratch meeting shall be held by the Meet Director immediately preceding both the Diving and Swimming Competition.
8. The host school shall be responsible for the following:
  - a. Necessary officials, timers, and judges.
  - b. Payment of starter(s)
  - c. Printing of program
9. Admission may be charged for the League Championships.
10. A meet summary of the results shall be published and sent to participating schools and the news media by the Meet Director.

**11.06 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

All-League individual selections will be determined by the first place finishers in each individual event at the championship meet. First place relay teams will also be considered all-league. Individuals are limited to one all-league patch regardless of the number of first place finishes he/she may earn. The coach of the year will be selected. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league).

**11.07 POST-SEASON QUALIFICATION PROCEDURE**

Post-Season qualification is determined by the Sac-Joaquin Section.